

Summer 2024

Fit for Living

Energize with others while you enhance your stretching, cardio and core muscles. Strength and flexibility are key.

Bring a towel and tennis shoes. **Ke d F**

July 1-Sept. 20	M, W, F	9:30-10:30 a.m.	\$65
Plattsmouth, PLLC	Scanlan	AREA-8810-PLUA	

Beginning Line Dance

How would you like to get fit and dance a bit? Line dances are a great way to start your dancing adventure. They're fun to learn and easy to remember. Any level of skill, from novice to experienced, will enjoy this class. You will learn at least one new line dance each session with time for review and practice. Register early! **Ke d Da ce**

July 29-Aug. 19	M	7-9 p.m.	\$45
Plattsmouth, PLLC, Commons		Cottle	AREA-4970-PLUA

Beginning Ballet for Adults

It's not too late to learn ballet! Explore the world of classical ballet.

Wear comfortable clothes. Shoes will be discussed at the first class.

Ke d Ba e

July 27-Aug. 31	S	9-9:30 a.m.	\$49
Plattsmouth, SMDC	Stuetelberg	AREA-4876-PLUA	

July 11-Aug. 15	Th	6:30-7:30 p.m.	\$45
Plattsmouth, PLLC, 103	Brannan	AREA-8585-PLUC	
Aug. 22-Sept. 26	Th	6:30-7:30 p.m.	\$45
Plattsmouth, PLLC, 103	Brannan	AREA-8585-PLFA	

ed2go.com/scrne

BROWSE COURSES IN

*Accounting and Finance
Business
College Readiness
Computer Applications
Design and Composition
Health Care and Medical*

*Language and Arts
Law and Legal
Personal Development
Teaching and Education
Technology
Writing and Publishing*

Location Key

Plattsmouth, PLLC..... Learning Center at Plattsmouth, 537 Main St.
Plattsmouth, SMDC.....Studio M Dance Company, 619 E. Wiles Road #104

Aug. 17	S	11 a.m.-12:30 p.m.	\$35
Plattsmouth, PLLC, 102	Potter		
Registration Deadline: Aug. 9		AREA-4401-PLUA	

C Hea D abe c Ed

Discover the secrets of diabetic cooking with Chef Miriah. Learn how to determine the glycemic index of foods and cook some delicious recipes.

Chef Miriah is a certified American Culinarian and holds a BS in Human Nutrition. There is a \$10 fee (cash or check) payable in class.

Ke d C

Sept. 14	S	11 a.m.-12:30 p.m.	\$35
Plattsmouth, PLLC, 102	Potter		
Registration Deadline: Sept. 6		AREA-4400-PLFA	

For more information, contact Lyn Belitz at 402-437-2298 or lbelitz@southeast.edu

Check out all classes offered at southeast.edu/PlattsmouthLC
Find us on Facebook®

REGISTER ONLINE

You must have an email account to register online.

1. Go to <http://bit.ly/RegisterCE>
2. Search for your class by entering a key word in the title or the course number. Click Submit. (Enter information in only one field for broader results.)
Key Word Example: Driver
Course Number Example: TRAN-3398
3. Select the course for which you wish to register. Click Submit.
4. Enter your personal information, certify your identification and click Submit.
* You must provide your Social Security Number.
5. Optional: Enter your Additional Registration Information and click Submit.

6. If you want to register for additional classes, select Search for more classes under "Choose one of the following." If you are finished selecting the class(es) for which you want to register, select Register now (check out). Select your Payment Type. Click Submit.
7. Enter your payment information. Click Submit.

You will see your class acknowledgement with information about your SCC Student ID Number, SCC User ID and password. Print this page for your records.

In the future it will be easy to register by logging in using your SCC User ID and password and it will not be necessary to provide your Social Security number again.

If you have problems getting registered, please call 402-437-2700 or 800-828-0072 for assistance.

* The College requires a student's Social Security number as a condition for enrollment online. A student's Social Security number information constitutes an "educational record" under FERPA.

OR REGISTER BY MAIL, FAX OR IN PERSON

Registration Form - Non-Credit Course

COURSE NUMBER	TITLE	START DATE	COST
			\$
			\$
			\$

Submission of this form indicates that I understand:
1) that my registration is complete and that I am accountable for the tuition and fees and subject to a

Check (must be included) (Checks may be converted into an electronic fund transfer, resulting in funds being held or removed immediately.)

Z **U** **H** V Code _____

Name as it appears on card: _____

Exp. Date _____ CC # _____

For the protection of your personal credit card information, do not email this form to SCC. If faxing, only use the fax number listed or verify with SCC before using another SCC fax number.