

# **Southeast Community College**

## **Student**

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It is the desire of Southeast Community College that we provide a tremendous experience for our Student-Athletes, keeping in mind the mission of the NJCAA with regards to the spirit of fair play and adherence to a strict code of ethics and correct behavior. The integrity of your game cannot and will not be compromised; our overall goal is to use competition to teach honesty, integrity, sportsmanship and above all, instill a love and respect for your game. This includes emphasis towards the fact that how you handle yourself on the court or field

# Southeast Community College Student-Athlete Handbook

The athletic program is an essential and integral part of student life at Southeast Community College. This handbook is designed to assist Student-Athletes in their orientation to SCC policies and procedures and help them meet their goals and succeed while attending SCC. Additional information concerning educational programs, degree requirements, course descriptions, student personnel policies, financial assistance, support services, etc., can be found in the *college catalog*, the *student handbook*, and on [www.sccbobs.com](http://www.sccbobs.com)

## SCC Athletics

The athletic program at Southeast Community College offers competition in 18 intercollegiate sports: women's basketball, volleyball, softball, tennis, and track, men's and women's soccer, esports, co-ed Rodeo, co-ed shooting sports, men's and women's wrestling. SCC is a National Junior College Athletic Association member and competes in Region IX and the Nebraska Community College Athletic Conference.

## Process of Becoming a Student-Athlete at SCC

To become a Student-Athlete at SCC, follow the steps below. Administrators, Coaches, and advisors are available anytime to answer questions and help students complete the process promptly.

**Letter of Intent-** Complete and sign the National Letter of Intent and/or the SCC Agreement form. All student-athletes who participate in our athletic programs must sign the forms.

**Transcripts-** Requests for official college, high school, and/or GED transcripts should be sent completing the application process.

**Insurance** All SAs must have primary care insurance coverage and provide a copy of their insurance card to SCC. They must also complete the insurance forms located on the SCC website [www.sccbobs.com](http://www.sccbobs.com) (under Inside Athletics).

**Physical Exam-** SA are required to complete a physical exam each school year before they are allowed to practice. See your Coach or the SCC website, [www.sccbobs.com](http://www.sccbobs.com) (under Inside Athletics), to access these forms.

**Financial Aid-** To help defray other educational costs, the student-athlete is encouraged to apply for additional funding through the Financial Aid Office. Applying for financial aid takes time and should be done immediately upon learning of your interest in SCC or by March 1 of your first year.

**Other Forms** All SAs need to complete an Eligibility Affidavit and Release of Information form, which are located on the SCC website [www.sccbobs.com](http://www.sccbobs.com) (under Inside Athletics).

## **Student-Athlete Code of Conduct**

Each Student-Athlete accepts responsibility above and beyond that of the general student body about his/her conduct as a representative of Southeast Community College. Southeast Community College views participation in the athletic program as a privilege, not a right. Therefore, the Student-Athlete is held to a higher standard. This includes expecting you to attend all classes when not involved in intercollegiate competition. Furthermore, you will not engage in behavior detrimental to the image of your team, the athletic department, and/or Southeast Community College. Academic success, citizenship, sportsmanship, and fair play are a prelude to winning.

The Athletic Department requires all Southeast Community College athletic program members to adhere to the following guidelines and regulations. These guidelines and regulations, along with those shall apply to all Student-Athletes.

### **Academics**

Each Student-Athlete is responsible for maintaining a good academic standing for participation in the athletic program. Each athlete must meet the eligibility requirements established by the National

Code of Conduct may range from a reprimand, probation, suspension from intercollegiate completion and/or practice, loss of scholarship, or dismissal from the team or school, in the case where actions caused by the student-athlete result in the property damage, Southeast Community College reserves the right to collect such damages frommunity College reserves

such a decision. Appeals of dismissal by the head coach as a result of team rule violations are to be



### **Penalties for Violent Behavior**

Any player, Coach, or team personnel guilty of leaving his/her sideline, bench, or position to participate in violent behavior will be considered a responsible party in such behavior and will be

have been the subject of illegal discrimination or harassment, you should report the incident immediately\*. Options for reporting and seeking assistance include:

1. ortable;
2. Contacting Toni Landenberger, Dean of Student Services, 402-228-8220



violates the above **Social Media Conduct Policy** for Student-Athletes.

## **Tips for Becoming a Successful Student-Athlete**

It comes down to these 3 simple guidelines: **1) Be the best you can be academically, athletically, & socially 2) Do and say what is right! 3) Treat people like you would like to**

Turn in assignments on time. Take the time to produce a final product that looks good and shows a caring attitude and pride in your work.

Sit in front of the classroom, participate, sit upright, ask questions, and, most of all, pay attention.

Refrain from becoming a class disturbance. Such behaviors as side talking with other students, note passing to other students, and working on class assignments from other classes are annoying to your instructor. Remember, this is not high school, and other students are paying a substantial amount of money to take classes at SCC

**Turn off all cell phones and personal electronic devices** not preauthorized by the instructor. SCC prohibits the use of unauthorized electronic devices in the classroom.

Visit your instructor frequently regarding grades, comments on a paper, or upcoming tests. Show the instructor that you care!

Earn extra credit if available. Demonstrate that you care about your grades and are willing to help yourself earn a better grade. Instructors are not obligated to assign extra work, but take advantage of it if they offer.

Visit with your academic advisor frequently. Make sure that you are making progress towards your degree. Make an appointment to register for your classes next term the day registration is available. Class sections fill and close quickly after registration is open.

## **Tips for living in the Resident Hall**

Ensure you understand all the rules and regulations for living in Student Housing. Keep the noise level (music, TV, etc.) down in the room. Use your headphones!  
the wall that violate housing policies. Do not use nails or tape. Do not display items others find offensive (race, sexual orientation, etc.)

You must attend all resident hall meetings as required by the housing staff.

## Important Contact Information

Reed Kraeger	Rodeo	N/A	OFF-CAMPUS
Chris Cummins	Esports	437-2865	Lincoln Campus
Ross Eichoff		N/A	OFF-CAMPUS
Jake Hamilton	Women's wrestling	228-8152	Kennedy 418

**Career Advising & Assessment Center**

Trevor Varley	Academic Advisor	228-8266	AEC 108
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**Financial Aid**

Ann Hajek	Assoc. Financial Aid Dir.	228-8212	Kennedy 104
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**Housing**

Tessa Triplette	Resident Life Manager	228-8137	Homestead Hall
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**Registration**

Misty Rupprecht	Associate Registrar	228-8213	Kennedy 122
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**Student Activities**

Jake Hamilton	Student Activities Coordinator	228-8152	Kennedy 418
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**TRIO Student Support Services (SSS) and Upward Bound (UB)**

Brandi Hoover	Trio Advisor	228-8235	Kennedy 415
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**SCC Athletic Website** [www.sccbobcats.com](http://www.sccbobcats.com)

**SCC General Website** <http://www.southeast.edu>